

To:  
Secretary of Health and Human Services  
Food and Drug Administration  
Office of Special Nutritionals  
Attn: Carolyn Miles, PhD.  
HFS-456  
200 "C" Street, SW  
Washington, D.C. 20204

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VIA FEDERAL EXPRESS

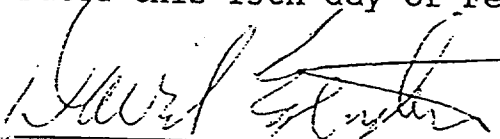
Re: Notification of statements of nutritional support for dietary  
supplement under Federal Food, Drug, and Cosmetic Act (Calorad)

Notification is hereby given that the following statements of  
nutritional support will be made, along with the required  
disclaimer of FDA approval, concerning Calorad, an amino  
acid/protein based dietary supplement manufactured by Nutri-Diem  
Inc., 47 rue Boucher, Mont St-Hilaire, Quebec, Canada J3H 5T8, and  
marketed by Essentially Yours Industries Corp., 12530-103 Avenue,  
Surrey, British Columbia, Canada V3V 3G1:

"Calorad, when used as directed, is effective for most people  
to help their bodies lose unhealthy excess fat, pounds, and inches,  
without losing muscle, and helps to provide them with a greater  
overall sense of wellness."

Please advise the undersigned of any questions concerning the  
foregoing.

Dated this 15th day of February, 1996.



DAVID EISENSTEIN, General Counsel  
Essentially Yours Industries Corp.  
19 Van Mark Way  
St. Louis, MO 63144  
(314) 962-5395 Telephone  
(314) 962-5527 Facsimile

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